



Journal of the Transplant Nurses' Association Inc.

NATIONAL EXECUTIVE

President

Katherine Bateman
Email: president@tna.asn.au
info@tna.asn.au

Secretary

Christine Ellis
Tel: (03) 8396 8868
Email: secretary@tna.asn.au
info@tna.asn.au

Treasurer

Julie Pavlovic
Tel: (03) 9496 3972
Fax: (03) 9496 3487
Email: treasurer@tna.asn.au
info@tna.asn.au

Editor

Myra Sgorbini
Tel: (02) 9515 5438
Fax: (02) 9515 7097
Email: TJAeditor@tna.asn.au

ISSN 1323-5109

Published by

**Cambridge Publishing —
a division of Cambridge Media
on behalf of the Transplant Nurses'
Association Inc.**

10 Walters Drive
Osborne Park, WA 6017
Tel: (08) 6314 5222
Fax: (08) 6314 5299
Web: www.cambridgemediacom.au

Copy Editor

Rachel Hoare

Graphic Designer

Gordon McDade

Disclaimer: Neither the Transplant Nurses' Association nor the Editorial Board of the *TJA* assumes responsibility for the opinions expressed by the authors. The description of products and acceptance of advertising does not indicate or imply endorsement by the Association.

Our gratitude and special thanks to Novartis and the Australian Organ and Tissue Authority who are currently the two TNA sponsors who support the TNA and its activities.

CONTENTS

TNA National Executive report	2
Editorial	3
Reflections	
Guest editorial	
25 years of liver transplantation in South Australia	4
John Chen & Libby John	
Articles	
Understanding the barriers to physical activity	8
Chris Thomas, Michelle Daley, Linda Petrovski and Monty Summers	
Increasing the metabolic slice of the transplant pie	14
Janine Sawyer	
A psychologist's perspective following double lung transplant surgery	18
Carey Denholm	
Conference report	
Report from the 14th Congress of the International Society for Organ Donation and Procurement (Geneva, Switzerland) and SwissTransplant visit (Bern, Switzerland)	25
Myra Sgorbini	
Vale	
Toni East, 1963–2018	32
Diary dates	23
Editorial Board	31
State Executive	32
Guidelines for authors	36

Transplant Nurses' Association website:

www.tna.asn.au

JOURNAL SUBMISSION DETAILS FOR 2018

For 2018 the *Transplant Journal of Australasia (TJA)* will be produced in April, August and December.

Papers are submitted to the Editorial Board, which provides feedback to the author prior to publishing. All papers will be sub-edited to journal style before publication — please refer to the Guidelines for Authors for more details on this and for detailed submission information.